

Current infection prevention measures generally:

Important links to information on many languages:

- <https://www.fhi.no/en/id/infectious-diseases/coronavirus/>
- <https://www.fhi.no/nettpub/coronavirus/rad-til-personer-som-er-smittet-eller-har-vart-utsatt-for-smitte/informasjon-om-hjemmekarantene-og-isolasjon-pa-ulike-sprak/>

Current infection prevention measures: in Øystre Slidre kommune

Based on the National Authorities and our own judgements, the Kommune has decided infection prevention measures in Øystre Slidre municipality. Local measures are in addition to national measures and advices. The measures by now will be: (the list may be updated at any time)

Latest Government regulations:

There are now Regulations on the prohibition of residence on recreational property including:

§ 5 of the «Regulations on quarantine, isolation and prohibition on residence on leisure properties etc. in connection with the outbreak of Covid-19 », it states:

Persons are prohibited from staying at leisure property in a municipality other than the one in which they are registered. Strictly necessary maintenance or supervision necessary to avert major material damage is permitted.

However, persons who are in quarantine pursuant to section 2 because they share a household with a person who is confirmed to be infected by the SARS CoV-2 virus may stay in their leisure property in another municipality during the period the infected person is in isolation pursuant to section 4 of the regulations.

Violations of the regulations are punishable, cf. § 6:

Intentional or grossly negligent violation of the provisions of this regulation is punishable by a fine or imprisonment for up to 6 months, cf. Section 8-1 of the Contingency Protection Act.

These regulations are now in force. The regulations do not open for exemption, and the municipality does not have the authority to make exceptions or to make statements on the interpretation of the law.

We ask you to keep you updated on what is being communicated about the regulations of the central government.

Link:

Guard system in cabin area:

Cabin associations and businesses at Beitostølen have joined forces to establish a guard duty for the cabin area for the time being. The municipality is very positive that such a scheme is established.

Practical help for corona-insulated

Øystre Slidre municipality v / Frivilligsentralen is the coordinator for aid assignments and voluntary efforts, information on the schemes can be found here.

Municipal buildings:

- Tingvang Municipality is closed to visitors with effect from Monday 16 March at 1600 and until further notice.
- The switchboard has daily opening hours 0800 - 1530 from Tuesday 17.03.20.
- We close other municipal buildings for other purposes than municipal services.

Øystre Slidre medical center

The medical center is closed to the public from Monday 16.03.20 at 08.00 until further information is given.

Instant help becomes is given as before. Everyone who makes contact by phone will receive an individual assessment. If you do not have any obvious symptoms of serious illness, please do not contact your doctor at all.

Health clinics

The health station has reduced operations with effect from Monday 16.03.20 at 08.00. The operation is reduced to only required checks based on recommendations from the Directorate of Health. This means that

- We follow up newborns (home visits will be at health stations)
- We carry out the child vaccination program
- We conduct a 6-week consultation with a doctor and a health nurse
- We follow up children with special needs

Those who have consulted with a health nurse will be contacted.

If you have any questions, we are available by phone:

Mona Håvelsrud Svarre, tel. 92 41 79 28

Birgitte Brekke, tel 45 86 57 68

Mimmi Rudi, tel 91 32 40 79

Physical Therapy Institute

The physiotherapy institute at Heggenes has reduced its operation with effect from 16.03.20 at 0800 hours. The municipalities must ensure that patients continue to meet their need for wholly unobserved health care. This may e.g. include patients in need of complete acute rehabilitation or treatment after acute serious illness, or emergency treatment to maintain important function that may otherwise be lost. If such treatment must be provided, infection control measures shall ensure treating and patient from infection and ensure that further infection to the population is avoided.

Physiotherapist Bjørn Eide can be contacted on tel.90 68 67 02.

Nursing home

- Visits to the nursing home and care homes shall be limited to what is strictly necessary.
- Entry control has been introduced at the nursing home.

Elementary school, kindergarten:

- Distance education is conducted from 13.3 until further education in secondary school.
- Preschools and kindergartens are closed from 13.3, a care offer for kindergarten children and children is created on the 1st - 4th stage with precedents working in socially critical functions in accordance with central directives. Guidance information is provided directly via MyKid (kindergarten) and Skooler (elementary school) during the evening of March 12, and will be updated continuously.

Continue to pay for kindergarten and SFO as long as the offer is closed. Invoice for March was sent out at the beginning of the month. We ask that the invoice for March be paid as it is issued. It will be corrected for the closed period in March on the invoice for April.

Youth club and cultural school:

- The youth club and cultural school are closed.

Work and activity / Vindestogo:

- The daily activity offer for home-based dementia is closed from 13.03 and until further notice.

- The department for active and active activities is closed from 16 March until further notice

Volunteering, etc.:

- All sports and cultural events must be canceled, cf. national guidelines.
- Avoid social gatherings such as birthdays, family reunions, reunions, etc.
- All events organized by the Volunteer Center are canceled

Measures for all employees:

- We ask that everyone wash their hands thoroughly with soap at least 5 times daily. Wash hands when you come to work and when you get home. Use Antibac if water and soap are not available.
- Keep your hands away from your mouth / face.
- When coughing / sneezing use paper towel as you throw it after use. Alternatively use the armpit.
- We do not hug or shake hands, no body contact.
- We stick to the quarantine rule.
- Employees who can use home office use home office if it does not significantly affect the work to be done. The nearest tenant will give further details on phasing in this.
- Bring lunch pack from home and one in smaller groups. Food service from the municipality in the canteens is closed.
- For travel in a job context, international travel is canceled and we avoid travel to the area in Norway with many infectious diseases. We avoid domestic flights.
- We use Teams meeting in all contexts where it is possible as an alternative to physical meeting. More detailed information on this will be given to the employees in progress.
- We avoid as far as advice is to attend meetings, courses and seminars with more than 15 participants.

Measures are evaluated on the basis of national recommendations and own assessments. Information on this will be given on the website of the municipality and on the intranet for general measures for employees or at the individual workplace.

Heggenes, March 12, 2020, updated March 20 at 10:45 am.

Jostein Aanestad

Rådmann.

